

MONTFORT SCHOOL HAZARIBAG



SUMMER HOLIDAY HOMEWORK

CLASS- VII D



SCIENCE

Instructions:

- This assignment must be completed in a scrapbook or on A4 sheets with beautiful handmade cover.
- Use pictures, diagrams, and colourful headings to make it attractive.
- Ensure your work is neat and well-organized.
- The project should be hand written.
- Cover page, table of contents, certificate, acknowledgements, introduction, bibliography, headings and sub – headings are a must.

Project should be developed in the following sequence:

- Cover page showing title, student information (Name, Class & Roll No) School & Academic Year.
- Certificates, Acknowledgment
- List of Contents/ Index.
- Introduction
- Chapters with suitable headings. (supported with pictures.)
- Conclusion. (Summary, Benefits/ Importance of the task).
- References

TOPIC : HEALTHY LIFESTYLE

As we discussed the topic Nutrition in Animals in the class and we hope that you have realised how important it is for us to have balanced diet in order to keep our body working and healthy, Based on the topic following activities are designed.

ACTIVITY 1: Discuss with your parents and grandparents, the way to lead a healthy life. Based on the discussion design a diet plan for the children of your age group with tips and suggestions to lead a Healthy life.

ACTIVITY 2: Work on your self-healing power and write various ways to boost your immune System.

ACTIVITY 3: Fast food is not good for health. Compose a story (150-200 words with pictures and drawings) with this message wherein a girl or boy explains to her/his younger brother, the bad effects of eating fast food.

Hope you enjoy doing these activities with your family.

Wishing you happy and safe holidays.



Maths

1. *Activity 1: Decimal Products* (page no. – 284)

To represent the products of the following decimal numbers on a grid paper :

i) 0.3×0.7

ii) 0.5×0.5

☒ On A4 size sheets

2. Solve Test Paper 1, 2 and 3 in your Homework notebook.

3. *Pending Work*

Complete any pending work of classwork and homework notebooks.



Computer

Chapter 2 - Question and Answer Worksheet 1 - page 142 (Do it in your Fair Notebook)

Assignment

Topic:

Explore recent "Cyber Crime" ,which happened around the world. Explain its effects and solutions.(At least 6 incidence)

Collect pictures,news articles, internet stories regarding the crime.

Method of Writing Assignment

1. Should be in A4 sheets
2. Front page of the Assignment should be creatively prepared
3. Mention " Submitted to" and " Submitted by" in the front page.
4. Should be presentable
5. Copying the Assignment is strictly prohibited
6. And present your assignment in Stick file.

Social studies

CLASS VII SUMMER HOLIDAYS HOMEWORK ...

1. All the students have to prepare a project in A4 sheets in which they have to mention about all 6 Fundamental Rights with their respective articles .

2. What are the ways in which natural resources are getting destroyed/ exploited with the help of pictures and also suggest the ways through which it can be conserved . (in A4 sheets).

The objective behind this project work is to develop awareness about their rights which are being given by the constitution .



English

1. "My Handwritten Anthology" – Personal Writing Journal

Create a handwritten mini-journal (8–10 pages) with a mix of personal and imaginative writing. Each page should be neatly written and decorated. (In handwriting copy)

Contents:

- ✨ Page 1: My handwriting goals and why handwriting still matters today
- ✨ Page 2-3: A poem written by you (theme: "Holiday Magic" or "The World in My Notebook")
- ✨ Page 4: A letter to your future self
- ✨ Page 5-6: A short story with your own characters
- ✨ Page 7: "New Words I Discovered" – write 5 new words, meanings, and use them in sentences
- ✨ Page 8-9: A motivational quote collection – write 3-5 quotes in beautiful calligraphy

- 🌟 Page 10: My favorite book or movie review



2 . Click & Label – Photo Noun Hunt

Objective: Apply observation and categorization skills.

Instructions:

- Click 5 photos from your environment (school bag, park, kitchen, etc.)
- Print or draw the photos on A4 sheets
- Label all the visible nouns in each photo
- Mention at least one abstract noun that fits the image emotionally (e.g., Joy for a park)



हिंदी

1. अपनी छोटी बहन को योग तथा प्राणायाम करने की सलाह देते हुए एक अनौपचारिक पत्र लिखें।

2. अपनी रचना (कविता/कहानी) प्रकाशित कराने के लिए किसी समाचार पत्र के संपादक के पास एक पत्र लिखें।

3. 'आलस्य मनुष्य का शत्रु' इस बिंदु पर 150 शब्दों में एक निबंध लिखें।

4. बैंक में खाता खोलने के संबंध में ग्राहक एवं बैंक प्रबंधक के बीच हुए संवाद को लिखें।

5. सयानी बुआ' पाठ के मौखिक, लिखित एवं दीर्घ उत्तरीय प्रश्न अभ्यास को लिखें।

6. हिंदी व्याकरण के अध्याय संधि के मुख्य बिंदुओं को लिखकर संपूर्ण अभ्यास करें।

7. हिंदी मधुश्री पुस्तक के पाठ 1, 2 और 3 के अभ्यास में वर्णित भाषायी घटक को पुस्तक में ही करें।

